# PARENT HANDBOOK

A resource for campers & their families!



### **Letter from the Coordinator**

Thank you so much for choosing the City of Fairfax Summer Camp for your summer adventure! We strive to make each summer one that your children will always look back on and cherish. Summer to us is about having fun, making new friends, having new experiences and learning new skills, all while in a safe environment.

Our summer camps offer your children the opportunity of a lifetime to engage in safe and enjoyable activities, while forming positive relationships with other campers and staff. We strive to provide programs that will allow children to grow and develop intellectually, physically, culturally and socially. Campers will have the benefit of learning from role models while spending quality time with their friends in a great environment.

With striving to keep your children safe and happy, we always require all staff to complete a week of training at the start of each summer, this includes maintaining current CPR and First Aid certifications. We want you to know how much we appreciate your feedback from year to year, and continue to encourage your insight for this year. We listen to your ideas, comments, and yes, even issues, and take them all into consideration to help us make our camp better every year. So whether it's a compliment or a problem that needs to be resolved, always know that we are listening and here to help!

We look forward to another safe and wonderful summer in our City!

~Katie MacCammon, Community Programs Coordinator

# CITY OF FAIRFAX PARKS AND RECREATION SUMMER CAMP PROGRAM

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#### PARKS AND RECREATION DEPARTMENT MISSION

The City of Fairfax Parks and Recreation Department is dedicated to developing and maintaining beautiful, safe and environmentally friendly open spaces for the public to use and enjoy.

Through affordable, comprehensive and amazing experiences, we build a sense of community, enrich people's lives and contribute to total development of the individual, family, and the City of Fairfax.

We excel to meet the needs of our customers and residents and the needs of the City of Fairfax through activities, special events, cultural arts and parks that are representative of the best practices of our profession.

#### **CAMP MISSION**

The City of Fairfax Parks and Recreation Summer Camp Programs provide children with the opportunity to engage in fun and informative activities, while forming new friendships with other children and positive relationships with staff members. We encourage children to participate in activities and experiences that strive to benefit campers emotionally, physically and socially.

#### **GOALS**

- 1. Allow campers to develop new skills and work towards improving his/her performance at a given task.
- 2. Help each camper gain a deeper understanding of and appreciation for their own skills and abilities.
- 3. Encourage the development of leadership skills in campers of all ages.
- 4. Promote a culture where campers can develop new and lasting friendships.
- 5. Keep all children safe and happy.

#### **GENERAL CAMP INFORMATION**

We hope that you understand and appreciate our policies, as they directly relate to the safety and well-being of your camper. If you need any clarification on our policies please do not hesitate to ask. We look forward to your cooperation in helping us provide a pleasant and safe camp experience for your child(ren).

#### PARKS AND RECREATION CITY HALL OFFICE

Monday - Friday 8:30am - 5:00pm

Phone: 703-385-7858

#### SHERWOOD COMMUNITY CENTER

Monday-Friday 8:30am-8:00pm, Sat 9am-4pm

Phone: 703-385-1695

www.fairfaxva.gov/ParksRec

#### **2020 CAMP DATES**

#### 2020 Full Summer Camp Dates: June 22-Aug 7 (no camp July 3rd)

One Week Session Dates:

Week 1: Jun 22-26

Week 2: Jun 29- Jul 2 (no camp Jul 3)

Week 3: Jul 6-10 Week 4: July13-17 Week 5: Jul 20-24 Week 6: Jul 27-31 Week 7: Aug 3-7

#### **HOURS OF CAMP**

Sunshine Kidz Day Camp at Providence Program: 8:45am - 1:00pm

• Sunshine Kidz Day Camp at Daniels Run Program: 8:45am - 1:00pm

• Summer Day Camp at Daniels Run or Providence Elementary: 9:00am - 3:00pm

O Extended day options 7:00am - 6:00pm

• Middle Grades Day Camp at Lanier: 8:45am - 3:15pm

Extended day options 7:00am - 6:00pm

• Teen Adventure Camp: 8:00am - 4:00pm

#### **INFORMATION SESSION**

Please join us! An information session will be held in the evening on Monday, June 15, 2019 at the Sherwood Community Center, 3740 Old Lee Highway, Fairfax VA 22030. Families will have the opportunity to meet and greet some of the camp staff and learn more about the camp day, as well as complete any missing forms that may be needed for their child. This is not mandatory, but highly recommended!

- 5:30pm Sunshine Kidz
- 6:15pm Providence and Daniels Run Elementary
- 7:00pm Lanier and Teen

#### FAMILY FUN NIGHT- Thurs. Jul 29, 2020

Please mark your calendars for this year's family fun night- Thurs. July 29<sup>th</sup>, from 7-8pm! All day campers and their families are welcome to join us at the Sherwood Community Center for free activities and treats with your camp staff! More information will be sent out in the summer.

#### **TAX ID NUMBER:**

For tax purposes please use the following Tax ID number and address:

TAX ID: 54-600-1266

Address: City of Fairfax, 10455 Armstrong Street, Fairfax VA 22030

#### **STAFFING**

The City of Fairfax Parks and Recreation Department takes tremendous pride in our fantastic camp staff. Many of our camp employees have worked in our camp program for several years. Each site has a Site Leader who manages the camp, as well as 1-2 Admin Leaders who assist and serve as acting Site Leader

when needed. Additional leaders are hired based on a staff to camper ratio which vary at each site. Our Art and PE Specialists will visit each site every week and lead the camp in specialized activities and projects. Each camp site has certified personnel in Standard First Aid, CPR, and AED. In order to provide the best care for your child, all staff is required to attend trainings on subjects such as child development, diversity, positive disciplining, games, and leadership.

#### **STAFF RATIOS (Staff : Campers)**

- Sunshine Kidz (Ages 3-5yrs)- 1:6
- Summer Day Camp at Daniels Run or Providence (Ages 6-9yrs)- 1:8
- Middle Grades Camp at Lanier (Ages 10-12yrs)- 1:10
- Teen Adventure Camp (Ages 13-15yrs)- 1:12





# **Meet Our Leadership Team**

We are excited to introduce you to the members of our Leadership Team. Our mission is to partner with you and make certain that your campers have the best possible camp experience!

Community Programs Coordinator	Katie MacCammon
Coordinators	Cassie Nabti
	Karina Espinoza
Sunshine Kidz Providence	Site Leader: Nini Johnson
	Admin: TBD
Sunshine Kidz Daniels Run	Site Leader: Zoey Mansur
	Admin: Evie Ruffner
Providence Day Camp	Site Leader: Coral Gallivan
	Admin: Abby Huff
	Admin: Anthony Gold

Daniels Run Day Camp	Site Leader: Caitlin McNeil Admin: Alena Torres
	Admin: Jenny Dellen
Lanier Day Camp	Site Leader: Ian Dowling
	Admin: Samantha Bryan
	Admin: Diana Gibson
Teen Adventure Camp Camp	Site Leader: Kenyon Spann
	Admin: Amanda Lockart
PE Specialist	Mark Bodie
Sunshine Kidz Licensing Specialist	Amy Miller

#### **NOTICES**

Notices will be handed out or emailed to your family on a weekly basis to inform parents of upcoming activities or any changes that may have occurred. There will also be an information board placed at the entrance to each camp with important notices or changes. We ask that you refer to this daily.

#### **SOCIAL MEDIA**

We encourage you to check out the City of Fairfax Parks and Recreation Facebook page, as well as our new Instagram account (CityFFXCamps) for important camp updates as well as pictures from our camp days.

#### **FORMS**

#### PLEASE COMPLETE AND SUBMIT ALL FORMS NO LATER THAN JUNE 1, 2020

All forms must be completed, including Registration, the online Camper Health Profile (on campdoc.com), and Medical Forms (if needed), in order for your child(ren) to attend camp. For your child's safety, the camp staff must review the information prior to each child attending camp. Please ask at the Parks and Recreation Department if you have any questions on which forms you are required to fill out.

<u>Children will not be allowed to attend camp until all forms are received by the Parks and Recreation Department.</u>

All campers must fill out the following EVERY YEAR (all done at campdoc.com):

- 1. Camp Registration
- 2. Camper Health Profile
- 3. Medication Administration Form, Inhaler Authorization, Epipen Authorization (request if needed)
- 4. Special Needs Request Forms (request if needed)

#### Camper Health Profile (ONLINE www.campdoc.com)-

 All parent/guardians are required to fill out this information through our online registration porta at campdoc.com. This must be completed by June 1, 2019. If you are unable to complete the form online, please contact the Camp Coordinator for assistance. Children will not be allowed to be dropped at camp until this information is complete.

#### FIELD TRIPS\*

The costs of the field trips are incorporated into the price of the camp. This will allow all the children to participate in field trips. Field trip examples may include bowling, ice-skating or trips to local parks. Each trip will be determined by what is most age appropriate for the campers and the number of participants in that specific camp. NO staff will left at the site, so all children attending camp but attend the field trip. Refunds will not be given for any trips that campers do not attend. More details on field trip locations will be emailed to registered camp participants in April 2020.

#### \*All field trips are subject to change.

#### **MOVIES**

Occasionally campers will go see a movie in the case of inclement weather, regularly scheduled trip cancellation, or watch one at their site as part of a theme day. These movies will be chosen as much in advance as possible to let parents know what movie their child will be watching. Movies shown will be either G or PG rated at the Sunshine, Elementary and Lanier Camps. PG-13 movies may be shown at the Teen Adventure Camp. If you do not want your child watching a particular movie please let your Site Director know as soon as possible.

#### **WATER-RELATED FIELD TRIPS** (Elementary, Middle & Teen Sites only)

For water-related field trips, camp staff will work with the on-site Aquatic staff to take necessary precautions to ensure the safety of children swimming in appropriate depths and using correct equipment based on their height. Elementary children are well-supervised by staff and use the buddy system when swimming and while on bathroom breaks. Site staff works together to keep children safe and entertained during swimming periods and all children check-in with their site leader during breaks. All staff and campers are required to follow the rules and guidelines set forth by each Aquatic facility. Please see the Lunch/Snack section for information regarding packing lunches for water-related field trip days, as well as the camp policy on sunscreen. Also, please make sure to label all belongings brought on water-related field trip days to make cleaning up and leaving water parks easier.

# **CAMP POLICIES**

#### **ANTI-BULLYING POLICY**

Bullying is when one or more people exclude, tease, taunt, gossip, physically harm, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else. Bullying can also happen through cyberspace: through the use of e-mails, text messaging, posting, and other less direct methods. This type of bullying can also lead to persons being hurt during or between the camp seasons and be especially hurtful when persons are targeted with "meanness" and exclusion.

At the City of Fairfax Summer Camp, bullying is inexcusable, and we have a firm policy against all types of bullying. Our Camp philosophy is based on our mission statement which ensures that every camper has the opportunity to develop new skills and work towards improving his/her performance at a given task; gain a deeper understanding of and appreciation for their own skills and abilities; encourage the development of leadership skills in campers of all ages; and keep all children safe and happy. We work together as a team to ensure that campers gain self-confidence, make new friends, and go home with great memories.

Unfortunately, persons who are bullied may not have the same potential to get the most out of their camp experience. Our leadership addresses all incidents of bullying seriously and trains staff to promote

communication with their staff and their campers so both staff and campers will be comfortable alerting us to any problems during their camp experience and between camp seasons. We may need your help to put an end to bullying at our camp! If your camper comes home and tells you that he or she either is being bullied or has witnessed bullying, please communicate this to the staff. Every person has the right to expect to have the best possible experience at camp, and by working together as a team to identify and manage bullying, we can help ensure that all campers and staff have a wonderful summer.

#### **ATTIRE**

Children should dress in a comfortable manner for camp. We suggest shorts and a T-shirt be worn. Sneakers are a must; sandals or open shoes are not appropriate footwear. Please do not send your child to camp in dress clothes as they will be engaged in various sports and arts and crafts projects and could get messy. You will be notified about days when children will participate in water-related activities and we will suggest your child bring a towel, bathing suit and an additional set of clothes to camp. **Please** 

label all personal belongings!



For field trips, campers will be required to wear the camp shirt. Each camper will receive 1 shirt, however additional shirts can be purchased at their sites for \$10 each.

On water-related trip days, campers should come to camp already wearing their bathing suits. This will allow the children to have more time to play. Don't forget to send your child with sunscreen, towel, and a change of clothes on these days.

#### **BEHAVIOR**

All children are expected to behave in a proper and respectful manner. We will not tolerate any hitting, name calling, foul language, destruction of property or any other behavior deemed inappropriate by the staff. In accordance with the severity and frequency of the behavior, the Parks and Recreation Department reserves the right to dismiss any child from the program. No refunds will be given.

#### **CAMP RULES**

Campers will be responsible to abide by ALL camp rules.

#### Campers must:

- ♦ Remain in designated camp areas at all times
- ♦ Stay with their specified leaders at all times
- Not run in school halls, rooms, or building
- Use appropriate language at all times
- Be respectful to other campers, staff, and facilities at all times
- Refrain from any horseplay and/or engaging in any dangerous activities
- Only leave camp when they are signed out by a parent/guardian

- ♦ Not bring any weapons, projectiles, alcohol, drugs or illegal substances to camp. Possession will result in immediate expulsion from all camp programs
- ♦ Abide by all rules and procedures added to the program
- Abide by all rules and policies established by any contracted field trip company or facility

#### **CANCELLATION, DELAY, OR EARLY DISMISSAL**

If camp is delayed or cancelled due to severe weather, power supply damage, or other unforeseen circumstances, you will be notified by telephone and email. It will also be posted on City of Fairfax Parks and Recreation Department website and City Facebook page. If camp must be dismissed early for any reason, all parents will be notified by phone and email immediately.

#### **CHILDREN WITH SPECIAL NEEDS**

The City of Fairfax is committed to making all reasonable accommodations as required by the Americans with Disabilities Act. The City of Fairfax Parks and Recreation Department accepts children with special needs in an integrated group setting, when it is determined that the child can best be served in our camp environment. A Special Needs Request Form is available upon request. The more information provided to us about your child and the resources he or she needs, the more readily City of Fairfax Parks and Recreation staff will be able to meet those needs.

#### **DISCIPLINE POLICY**

Camp staff will focus on the prevention of negative behavior. We will praise the positive and attempt to discourage the negative, in an effort to bring out the best in every child. We believe discipline takes many forms and should vary according to age, individuality and the developmental level of each child. Concern is focused on the action/behavior rather than the child. (example: We do not use statements such as "you are a bad boy/girl." Rather, "I do not like what you did"). Our staff will use positive guidance, redirection, continuous supervision, and set clear limits during disciplinary action.

#### **ELECTRONICS & VALUABLE ITEMS**

<u>Please do not send your child(ren) with electronics</u> (i.e. phones, ipads, etc.) or other expensive items to camp. If you need to reach your child, please call the camp site phone. <u>We are not responsible for lost, stolen or damaged items</u>. Any item brought to camp that is deemed inappropriate, or is used in an inappropriate manner, will be held by the Camp Leader and returned to the parent/guardian at the close of the camp day.

#### **HEAD LICE**

Children who are suspected of head lice at any Summer Day Camp are required to stay home from camp and can only return with the approval of a doctor. Please check your child's heads for this condition and if you do find any indication of head lice, it is mandatory that your child stay home from camp and see a doctor immediately. Staff may require a doctor's note for a child to return to camp.

Note: This is a common occurrence we experience at camp over the summer with the high numbers of children we have in close contact with one another. It is important that both you and your child are aware of this and to further educate them on the proper way to share clothing worn on the head (hats, hoodies, swim caps, theme day attire, etc.)

For more information on how to detect head lice and what to do if you find anything please go to: <a href="https://www.cdc.gov/lice/head/parents">www.cdc.gov/lice/head/parents</a>

#### **ILLNESS AND INJURY**

If your child becomes ill or injured while at camp, we will first attempt to contact the Parent/Guardian(s). If we cannot reach the Parent/Guardian, Emergency Contact #1 will be called immediately. If we are unable to reach Contact #1, then Contact #2 will be notified and so on until we are able to reach someone. Please inform your Emergency Contact people of their responsibilities and be sure that they are readily available. Please make sure that your Emergency contact information is up to date and accurate.

If your child is sick, please keep him/her home. Children may not be allowed to attend camp if the following symptoms or illness occur: (1) fevers of 100 degrees Fahrenheit or higher, (2) reoccurring vomiting or diarrhea, (3) Lice, (4) contagious rashes (5) Other illness on the Virginia Health and Department List of Current Communicable Diseases. Please report any communicable diseases promptly, i.e. Chicken Pox, Head Lice, Pink Eye, etc., to the Site Director of your camp. Refunds or credits are not given for missed camp days.

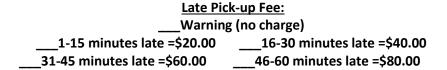
#### LATE OR ABSENT CAMPERS

Parents, <u>please notify your child's camp</u>, if your child will be late or absent. Each morning your child's camp staff will take attendance and keep a record of who attends each day. To ensure the safety and whereabouts of each child, we would appreciate your cooperation on this manner.

#### LATE PICK-UP

Parents must pick up their child at the designated end time of their child's camp day (standard day or extended day). The Parks and Recreation Department incurs additional expenses for all campers that are picked up late.

- If for whatever reason, a parent/guardian is unable to pick up the child at the established end of the camp day they are registered for that day, the parent should call the designated emergency contact to arrange pick up. If the person picking up your child is not on the authorized list on the Participant Information Card, please call the camp to add this person.
- (Elementary and Lanier only) If your child is enrolled in the standard camp day and you are not able to pick up the child at the designated time, you have the option to enroll your child in the extended day program (daily) least 24 hours in advance. Please talk to the Camp Director at your site to do this.
- For each child that is picked up late (standard day or extended day), the parents will be automatically charged immediately. The fee structure is as follows;



The camp staff will attempt to contact the Parent/Guardian and in cases where parents or alternates cannot be reached, the police will be contacted for assistance and advice in locating parents. We will not leave any children unattended at the sites. By state law, we are required to contact the police department if a child has not been picked up and the parents cannot be reached after one hour.

#### **LOST AND FOUND**

A lost and found area will be designated at the camp site. The City of Fairfax Parks and Recreation Department will keep all lost and found items until August 21, 2020. At this time, all lost and found items will be donated to a charitable organization. To help your camper's items return home, don't forget to label everything clearly with your child's name!

#### LUNCH/SNACK

Campers at Sunshine Kidz, Daniels Run, Providence, Lanier and Teen Adventure Programs must bring a non-perishable bag lunch and a drink to camp daily. Please <u>label all lunch bags, boxes and juice containers</u>. It is recommended that all campers bring lunches that have adequate nutritional value. Please do not send food that will spoil or food in glass containers. Water is recommended as an everyday staple due to the level of activity and the heat.

\*Please Note: Due to possible severe peanut allergies, parents may be asked not to pack their child(ren) food made with peanut products. Please list your children's allergies on Participant Info Card and staff

will take appropriate precautions.



#### MANDATED REPORTING

As required by Virginia state law, all camp staff are considered Mandated Reporters. Mandated Reporting laws require that professionals who deal with children report suspicious circumstances suggestive of child maltreatment to child protective services.

#### **MEDICATION**

We request that parents administer necessary medications to their children before or after camp hours. However, we understand that some medications must occasionally be given while children are with us. If your child needs to take medication during camp hours, please follow these guidelines:

- Medication must be in the original, labeled container supplied by pharmacist. A separate letter from the physician may be required for EpiPens, inhalers and other medications including prescriptions.
- Include written instructions concerning the administration times and dosages.
- Leftover medication must be picked up by the end of the summer.

Parents must fill out the MEDICATION ADMINISTRATION FORM located in your online portal or request one from the Parks and Recreation Department. A separate form must be used for EpiPens and inhalers. Please speak with your child's camp staff about medication and any special concerns.

#### PARENT/GUARDIAN VISITORS AND INVOLVEMENT

You are always welcome and encouraged to visit your child's camp. If you wish to visit the camp, you may schedule the visit with your Camp Site Leader or if you prefer a more spontaneous visit, we ask that you first check in with the Camp Office and Leader for security reasons. We encourage you to speak with your child's camp staff frequently. If there are any questions, problems, or situations that need to be addressed do not hesitate to contact the City of Fairfax Parks and Recreation Department at 703-385-7858 or Camp

Coordinator at 703-261-5405. Parents are welcome to join us on field trips but may not travel on the bus with the camp and must pay their own way.

#### POLICY FOR NON-DISCRIMINATION

The City of Fairfax Parks and Recreation Department accepts camper registrations on a first come, first served basis and does not discriminate on the basis of race, gender, national origin, religious preference, age or disability.

#### **SIGN-IN AND SIGN-OUT PROCEDURES**

Upon arrival at the camp site each day at the specified time (*Parks and Recreation Department will not be responsible for children dropped off at camps earlier than the designated start times*), PARENT or GUARDIAN **must** sign-in child(ren) with a staff member at the site entrance. At the end of the day, PARENT or GUARDIAN **must** sign-out child(ren) with a staff member.

The staff will request identification for everyone who picks up a camper, INCLUDING PARENTS/GUARDIANS. Campers will NOT be allowed to leave unless identification is presented at the time of pick-up. Please fill the Pick-up Authorization Form portion on the Participant Information Card (ONLINE) with all the people who are allowed to pick up your child. Your child will not be allowed to leave camp with anyone other than a parent or guardian, unless they are on the pick-up authorization list. REMEMBER, this is for your child's safety and your peace of mind.

For your child's protection, we ask that you provide us with advance written notice for the following reasons:

- 1) If you are planning to pick up your child early, or
- 2) Authorizing someone to pick-up or drop off your child, other than yourself, and anyone listed on the pick-up authorization form, or
- 3) Notice of your child being absent, or
- If your child walks or rides a bike to camp, written permission and notification is required. Walkers/bike riders must remain at camp until closing, unless you inform us otherwise. <u>Campers must live within a 1 miles radius of the camp site.</u>
- 4) Please sign the online Camper Health Profile if giving permission for your child to walk or bike and sign themselves in and out of camp. This is only applicable to campers rising 2<sup>nd</sup> grade and older.
- \*\* In the event of inclement weather, we require parents of children who walk or bike ride to camp, to have an alternate transportation plan in place. Children under 15 are required by law to wear a bike helmet.

If you are picking up your child early, you must go directly to the Camp Leader to sign out your child. Staff will direct you to the proper location.

#### **SNACK – EXTENDED DAY CARE**

Light snacks will be provided each day for all the PM Extended Day participants. As a parent, you know your child's needs best, so if you would like to send additional food, time will be provided for your child to finish his/her snack. Please inform his/her Site Leader(s) at the beginning of the session.

#### SUN SCREEN/INSECT REPELLENT

We strongly suggest that a parent or guardian apply sunscreen (minimum SPF15) <u>prior to camp</u>. Campers must provide their own sunscreen, and should bring it with them to camp with their name written on it. Staff can assist with reminding campers and with the use of spray sun block only, if is authorized by parents at the Participant Information Form (online). *Sunshine Kidz Camp Staff will not apply Sunscreen to participants. Please instruct your child how to apply his/her own sun block.* 

#### THEME DAYS

Many of the camps incorporate theme days into their camp program. These often involve dress-up days, special activities and more. We encourage, but do not require all campers to participate in theme day activities.



# SUMMER DAY CAMP PROGRAMS DAILY INFORMATION

(See map on page 19 for locations)

#### **SUNSHINE KIDZ**

AT DANIELS RUN ELEMENTARY SCHOOL 3705 Old Lee Highway Fairfax, VA 22030

AT PROVIDENCE ELEMENTARY SCHOOL 3616 Jermantown Road Fairfax, VA 22030

#### Staff Ratio: 1 Staff for every 6 campers

Preschoolers and Rising Kindergarteners will have so much fun in the sun this summer at Sunshine Kidz Day Camp! This camp will provide children with activities which will include arts and crafts, show & share, special events, games, field trips and water activities (i.e. sprinklers, there are no swimming pool activities). Other activities may include puppet shows, picnics, storytellers and cultural events. Children will develop important social skills while playing with their friends and leaders in a fun and safe environment. Each week, campers will attend one local field trip such as a local park, farm, or bowling or host an in-camp performer.

After arrival and check-in, a typical day for campers will begin with free play with staff. All campers will then enjoy a circle time in which they will talk about what their schedule will be, sing songs and do introductions. Campers will then move on to their rotations in the cafeteria, gym, classrooms and outside. Typical activities in these rotations will include arts and crafts (Camp Staff & Specialist-led activities), P.E. games, playground play, and water days. At this point in the day, campers will enjoy their food that they brought in from home. Theme days will be incorporated into the Sunshine Kidz activities. A listing of themes and activities will be given to the parent at the start of each session. The day will conclude with another circle time to wind down. At the end of each day, all campers will be signed out by an authorized person.

#### **SUMMER DAY CAMP**

#### AT DANIELS RUN AND PROVIDENCE ELEMENTARY SCHOOLS

DANIELS RUN ELEMENTARY SCHOOL 3705 Old Lee Highway Fairfax, VA 22030

PROVIDENCE ELEMENTARY SCHOOL 3616 Jermantown Road Fairfax, VA 22030

#### Staff Ratio: 1 Staff for every 8 campers

Campers will join their friends this summer for a fun-filled time which will include sports, games, arts and crafts, field trips, special events and more! Children will enjoy time playing with their friends and staff while developing new skills. All activities are designed to help children expand their skills and abilities. Specialists in the areas of art and sports will visit each week. All camp participants will attend one age-appropriate local field trip (bowling, roller skating, zoo) as well as one pool-related trip each week or host an in-camp performer.

If you choose to use the AM Extended Day Program, campers will begin their days in small-group activities including arts & crafts, game play, and free play. Regular day campers will arrive at 9:00am and sign in with a staff member. The day will begin with free play with the camp staff followed by morning announcements. The children will then be split into groups and follow rotations in the cafeteria, gym and outside. Typical activities within rotations will include Specialist-led arts & crafts, P.E. games, field & playground activities, free play with staff. Children will break for lunch and continue similar rotations in the afternoon with time to finish arts & crafts, continuation of specialist games, on-site special activities, etc. Their day will conclude with afternoon announcements and then sign-out of camp. PM Extended Day Program children will have more fun enjoying small-group activities & snack for rest of the afternoon.

#### MIDDLE GRADES DAY CAMP AT LANIER

LANIER MIDDLE SCHOOL 3801 Jermantown Road Fairfax, VA 22030

#### Staff Ratio: 1 Staff for every 10 campers

This summer, rising 5<sup>th</sup>-rising 7<sup>th</sup> graders will spend time with their friends in a safe and enjoyable environment which will include activities such as sports, games, arts and crafts, field trips, and special events. Campers will be able to be utilize their creative, physical and intellectual abilities. Teamwork, communication and self-esteem will be stressed and reinforced with all participants. Our Art and PE Specialists will visit the camp each week. All summer day camp participants will attend TWO age-appropriate local field trips (bowling, roller skating, or laser tag) as well as one pool-related trip each week.

Middle grade campers will experience a similar typical day schedule as Summer Day Camps at Daniels Run and Providence. With the older campers at the Middle Grades Day Camp, the staff are able to challenge the children both mentally and physically in an environment that is appropriate for this age group. For example, more team sports during gym/outside play and more gym space to accommodate whole site special activities, and more complex arts and crafts projects, as well as staff and specialist-led rotations.

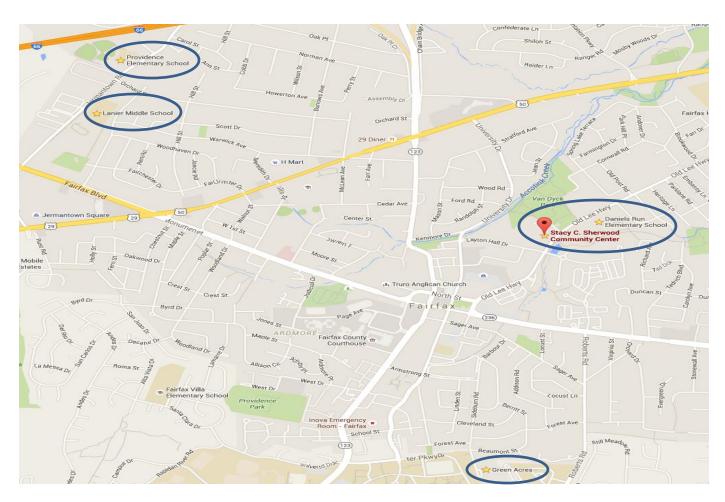
#### **TEEN ADVENTURE DAY CAMP**

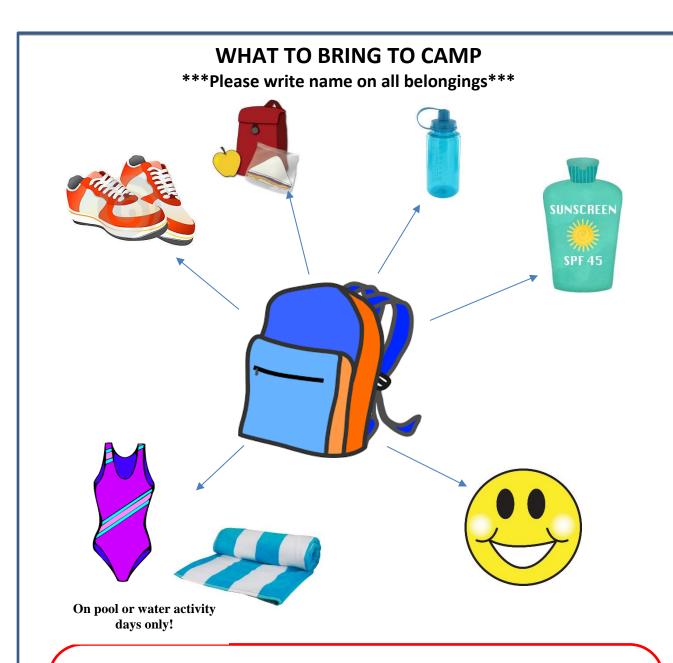
Green Acres 4401 Sideburn Road Fairfax, VA 22030

#### Staff Ratio: 1 Staff for every 12 campers

New this year camp participants will be able to enjoy <u>four</u> age-appropriate local field trips as well as one water-related trip each week! The Teen Camp offers a wide variety of activities for teens in a safe, friendly and supervised environment. Activities will include sports, games, music, trips and just hanging out with your friends. Participants will develop and refine skills in areas such as leadership, teamwork and socialization skills. Campers in the Teen Adventure Program will have more of variety of options of activities within classrooms, the gym, and arts and crafts areas. The daily schedule of this camp is less structured than with younger sites to accommodate for the age of the children. On some occasions, there are rotations with these activities, but other times there are activities planned by staff and specialists for whole group games and projects. Other daily activities include free choice time, card and board games. The center opens at 8:00am and closes at 4:00pm daily.

# **City of Fairfax Parks and Recreation Camp Program Locations**





# WHAT <u>NOT</u> TO BRING TO CAMP

- Electronics
   (including portable video games like Nintendo DS; Playstation Portable, iPads, Cell Phones, etc)
- Other valuable items as the City of Fairfax Parks and Recreation
   Department is not responsible for lost or stolen items.
- Any item that could be deemed a weapon